

Combining Fu Zheng with Blood Stasis Treatment

FU ZHENG ZENG XIAO FANG Synergistic Formula for Supporting Vital Qi

Zhang observed the effect of *Fu Zheng Zeng Xiao Fang* (Synergistic Formula for Supporting Vital Qi) as a supplement for radiotherapy (linear accelerator; 6-15 MV X-ray; electron ray 60CO γ, 200 cGY /session; 5 sessions per week for 4-6 weeks, making a total dosage of 4000-6000 cGY).²²

Treatment: The author found that if the treatment principle of supporting Vital Qi (Zheng Qi) and cultivating the Root could be combined with that of invigorating the Blood and transforming Blood stasis, it could increase sensitivity to irradiation, decrease adverse side-effects and prolong the survival period by enhancing the immune system.

Fu Zheng Zeng Xiao Fang (Synergistic Formula for Supporting Vital Qi) is composed of the following ingredients:

Huang Qi (Radix Astragali seu Hedysari) 30g

Ji Xue Teng (Caulis Spatholobi) 15g

Tai Zi Shen (Radix Pseudostellariae Heterophyllae) 10g

Bai Zhu (Rhizoma Atractylodis Macrocephalae) 10g

Tian Men Dong (Radix Asparagi Cochinchinensis) 10g

Tian Hua Fen (Radix Trichosanthis) 10g

Gou Qi Zi (Fructus Lycii) 15g

Nii Zhen Zi (Fructus Ligustri Lucidi) 15g

Hong Hua (Flos Carthami Tinctorii) 10g

Su Mu (Lignum Sappan) 10g

Treatment started on the first day of radiotherapy and continued throughout the course. One bag per day was used to prepare the decoction, drunk two or three times a day.

Indications: malignant tumors of the head, neck and chest (including primary lung cancer, and cancer of the esophagus with lymphatic metastasis, which requires radical radiotherapy).

Results

For patients with primary lung cancer, 22 out of the 32 in the TCM plus radiotherapy group were able to complete the radiotherapy course (69 percent), compared with 25 out of the 82 patients in the group who received radiotherapy only (31 percent); the circumference of the tumor was reduced more in the TCM plus radiotherapy group than in the radiotherapy-only group.

For patients with cancer of the esophagus, 14 out of the 18 in the TCM plus radiotherapy group were able to complete the radiotherapy course (78 percent), compared with 6 out of 18 patients in the group receiving radiotherapy only (33 percent). The circumference of the esophageal tumor was reduced more in the TCM plus radiotherapy group than in the radiotherapy-only group.